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Friday, February 13, 2009

# M.J. Harris completes Texas wellness center

Birmingham Business Journal - by [Lauren B. Cooper](#) Staff

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Birmingham's **M.J. Harris Inc.** said it recently completed a wellness center in Texas.

The general contractor built the 75,000-square-foot Institute for Healthy Living in Longview, Texas, for Good Shepherd Health System, said a news release.

The two-story facility will offer membership-based wellness programs, fitness attractions, community health education, outpatient rehabilitation and physical therapy services.

The design of the facility qualified it to earn Leadership in Energy and Environmental Design silver certification, said the release.

The project is one of several other projects M.J. Harris has completed on the Good Shepherd Health System campus, including the three-phased Good Shepherd Medical Center NICU expansion, radiology renovation, a women's center, a dental and oral surgery suite and a wound care facility.

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